

## **GPS and GSM based Real-time Human Health Monitoring and Alert System for Cardiac patients**

The project aims in designing a system which is capable of tracking the location of cardiac patients and also monitoring of heart rate alerts in case of emergency through SMS to predefined numbers. Now a day's technology is running with time, it completely occupies the life style of human beings. It is being used everywhere in our daily life to fulfil our requirements. We can not only increase the comfort of life but also increase the health monitoring techniques by making use of advanced technology. In this project we are making use of technology to sense serious health problems so that efficient medical services can be provided to the patient in appropriate time.

This project aims in sending alert messages in emergency times, i.e. when a person is alone in home or travelling and his heartbeat or body temperature rises or lowers then alerting messages will be sent to the mobile phone, the message consists of location of that person also. Also, we can get the heart rate of the person by simply sending a pre-defined format SMS. Here we get the alerting message from the GSM modem (SMS Message) and the location of that person can be found with the help of GPS. The GPS is the acronym for Global positioning system. GPS gives Position, velocity, time of anything located on the earth. This GPS receiver is capable of identifying the location in which it was present in the form of latitude and longitudes. The GPS receiver gets the data from the satellites.

The functioning of this device is based on the truth that the blood level circulation during expansion and contraction of heart which can be sensed by Heartbeat sensor. Depending upon the rate of circulation of blood per second the heart beat rate per minute is calculated. This device consists of a microcontroller which takes the input from the heart beat sensor and calculates the heart rate of the patient. The microcontroller takes the responsibility to sending alert messages through GSM modem whenever it is necessary. The Microcontroller is programmed using Embedded C language.

**The main objectives of the project are:**

1. Real time monitoring of health status of a person.
2. Alerts in emergency to predefined numbers.
3. Works anywhere in the world (with GSM availability).

**The project provides learning's on the following advancements:**

1. Heartbeat sensor.
2. LED and LDR characteristics.
3. GSM modem and micro controller interface.
4. Conversion of AC supply to DC supply.
5. Interface of GPS receiver to micro controller.
6. Embedded C programming.
7. PCB design.

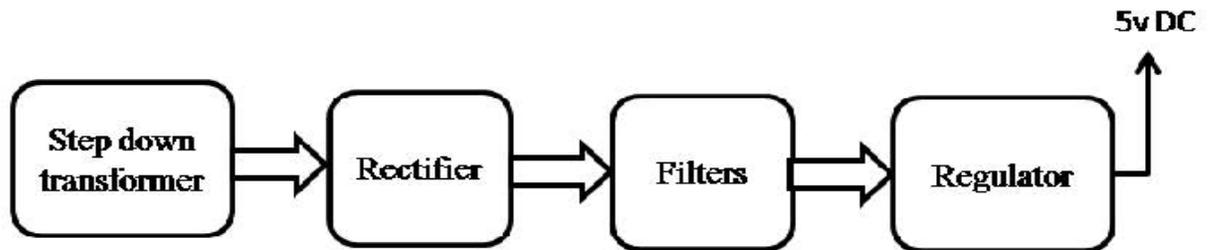
**The major building blocks of this project are:**

1. Regulated power supply.
2. Micro controller.
3. Heart beat sensor.
4. GSM modem.
5. GPS receiver.
6. Reset.
7. LED Indicators.
8. Buzzer with driver.
9. Crystal Oscillator

**Software used:**

1. PIC-C compiler for Embedded C programming.
2. PIC kit 2 programmer for dumping code into Micro controller.
3. Express SCH for Circuit design.
4. Proteus for hardware simulation.

**Regulated Power Supply:**



**Block diagram:**

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